

ENTERING  
CHEYENNE — ARAPAHO  
NATION

# Cheyenne & Arapaho

T R I B A L T R I B U N E



Volume 5, Issue 7

www.c-a-tribes.org/tribal-news

Jan. 1, 2010

## New administration begins

By Dana Attocknie,  
Managing Editor

It's official. Janice Prairie-Chief Boswell and Leslie Wandrie-Harjo are the new governor and lieutenant governor, respectively, of the Cheyenne and Arapaho tribes of Oklahoma.

Both Boswell and Wandrie-Harjo were sworn into office at 10 a.m. Jan. 2, 2010 at the Trial Court in Concho, Okla.

Boswell, Cheyenne, previously worked as a recruiter for the Cheyenne and Arapaho Tribal College (CATC). Her experience with the tribes also includes working as the Cheyenne and Arapaho Daycare Center coordinator/manager, Elder Care program coordinator, and with

the adult education program. Boswell also represented the Cheyenne District 3 as its legislator for one term.

She earned both a bachelor's and master's degree in history from Southwestern Oklahoma State University (SWOSU). She also graduated with the first CATC class earning an Associate of Science Degree.

Wandrie-Harjo previously worked as a legislative clerk for the tribes' second legislature.

Also sworn in were four new legislators: Clifton Ellis, Fiona Whiteskunk, Michael Kodaseet and Jane Nightwalker.

The week before taking the oath of office Boswell and Wandrie-Harjo met

with casino management, casino employees, program directors and tribal employees, all in separate meetings. Boswell and Wandrie-Harjo introduced themselves and spoke about what they heard from tribal members while campaigning for office.

"We know, Leslie and I, know this job isn't going to be easy," Boswell said before saying they've selected three advisors from the tribe to help them.

Two of the advisors have new job positions that were announced during the meeting. The tribes' new treasury director is former Cheyenne District 2 legislator Robert Wilson, and the new admin-



Photo by Rosemary Stephens

Leslie Wandrie-Harjo (l) and Janice Boswell (r) were sworn into office on Jan. 2, 2010 at the Cheyenne and Arapaho tribes Trial Court in Concho, Okla. as lieutenant governor and governor, respectively.

See New, page 13

## Tribal Roads Program DRIVING FORWARD

By Rosemary Stephens, Reporter/Graphic Artist



Just ahead and around the corner is the new Cheyenne and Arapaho tribes' transit system.

"It is with great enthusiasm that the roads construction program is pleased to announce that we have received funding for the proposed Cheyenne and Arapaho Tribes Transit (CATT) project," Angela Blind, Cheyenne and Arapaho tribes' roads program director, said.

Under the American Recovery and Reinvestment Act (ARRA) grant the Cheyenne and Arapaho tribes have received \$419,301 for the purchase of four transit 13-passenger vehicles and dispatching software.

"The first goal will be to get the riders and drivers' policies completed and make sure every aspect of boarding and driving guidelines are

complete," Michelle Johnson, CATT project officer, said. "Depending on how successful the first phase of this program is, we may purchase larger buses down the road, we want no one left behind because we didn't buy big enough buses."

The mission of CATT is to provide public transportation for all Cheyenne and Arapaho tribal members and the general public which emphasizes rider use, safety and satisfaction and results in increased mobility opportunities, less dependence on the automobile and improved air quality for all people in the tribes' service areas, Johnson said.

Start up of the transportation system is projected to be in the late spring, early summer of 2010. Fairs will initially be free with rates increasing in increments of 25 cents until they reach \$1. Discounts will be given to elders and tribal members.

"We have several routes planned but all the routes are in the developmental stages and will be changed however they need to be to accommodate all tribal members," Johnson said. "Once we have all the stops and routes finalized we will post them in the newspaper and other areas."

Currently the routes are color coded with the red route including Geary, Calumet, Concho and El Reno communities. This route is designated as a fixed route making several stops in the morning and afternoon at specific locations such as convenience stores, grocery stores, Wal-Mart, Redlands Community College and various other locations.

The yellow route includes El Reno and Concho communities with several stops at Canadian Valley Technology Center, Lucky Star Casino, and the tribal complex, among other locations.

The green route includes Watonga, Canton and Seiling communities with several stops in places such as Alco's, Karl's Apple Market, Feather Warrior Casino and the Indian Health Service clinic.

The blue route will include Weatherford, Clinton, Hammon and Elk City communities and will make stops at the housing authority, elderly nutrition, Homeland, and Hammon Community Center.

"The transportation schedules we have laid out right now were developed based on information from surveys we gave out during community meetings and they will be refined once we are up and operating to make sure we are providing the most efficient transportation services to all our tribal members as possible," Johnson said. "We are also hoping to further develop a transit service for tribal employees who work other than 8 a.m. to 5 p.m."

Johnson said they received many letters of support from other transit companies already operating such as Cherokee Strip Transit, Red River Transit and from the city manager of El Reno, Okla.

"I am very proud to be part of this project and to be able to bring a service to tribal members that will enable them to be more mobile and self-supporting," Johnson said.



# Cheyenne and Arapaho Tribes

100 Red Moon Circle, P.O. Box 38, Concho, OK 73022

Main Number: (405) 262-0345 / Toll Free: (800) 247-4612

Operator ext. 0 / NOTE: Some office phone numbers begin with a prefix of 422 and some begin with 262.

## Cheyenne and Arapaho Tribal Offices-Concho

|                                        |            |
|----------------------------------------|------------|
| Department of Administration           | ext. 27540 |
| Executive Office                       | ext. 27400 |
| Security Office                        | ext. 27911 |
| Communications/IT                      | ext. 27744 |
| Per Capita Office                      | ext. 27525 |
| Records Management                     | ext. 27708 |
| Accounts Payable                       | ext. 27500 |
| Finance Office                         | ext. 27628 |
| Enrollment Office                      | ext. 27602 |
| Social Services                        | ext. 27583 |
| Indian Child Welfare                   | ext. 27472 |
| STOP Violence Against Indian Women     | ext. 32322 |
| Employment, Opportunity Training Serv. | ext. 27496 |
| Department of Education                | ext. 27568 |
| Johnson O’Malley Program               | ext. 27658 |
| School Clothing Program                | ext. 27733 |
| Vocational Rehabilitation              | ext. 27617 |
| C-A Technology Innovation              | ext. 27638 |
| Language                               | ext. 27640 |
| Culture & Heritage                     | ext. 27433 |
| Childcare Development Center           | ext. 27698 |
| Native American Church                 | ext. 27712 |
| R.E.Sp.E.C.T.                          | ext. 27570 |
| R.E.A.C.H.                             | ext. 27687 |
| Headstart Program                      | ext. 27635 |
| Workforce Investment                   | ext. 27660 |
| Personnel                              | ext. 27551 |

|                                  |            |
|----------------------------------|------------|
| Environmental Protection Agency  | ext. 27652 |
| Operations & Maintenance         | ext. 27546 |
| Planning & Development           | ext. 27620 |
| Procurement                      | ext. 27545 |
| Property & Supply                | ext. 27534 |
| Tribal Tribune Newspaper         | ext. 27446 |
| Tribal Council                   | ext. 27430 |
| Tribal Police                    | ext. 27703 |
| Trial Court                      | ext. 27558 |
| Economic Development             | ext. 27454 |
| Smoke Shop                       | ext. 27456 |
| Roads Construction Program       | ext. 27434 |
| Election Commission              | ext. 27610 |
| Community Health Representatives | ext. 27670 |
| Elder Care                       | ext. 27411 |
| Health Education                 | ext. 27674 |
| Tax Commission                   | ext. 27488 |
| Crisis Assistance                | ext. 27580 |
| Office of Veteran Affairs        | ext. 27682 |
| Diabetes Wellness Program        | ext. 27688 |
| EMS                              | ext. 32309 |
| Emergency Youth Chelter          | ext. 27577 |
| El Reno Indian Health Services   | ext. 27631 |
| Geary Nursing Home               | ext. 27824 |

## Legislative Offices:

|              |                |
|--------------|----------------|
| C-1 District | (405) 422-7777 |
| C-2 District | (405) 422-7415 |

|              |                |
|--------------|----------------|
| C-3 District | (580) 323-2324 |
| C-4 District | (405) 422-7423 |
| A-1 District | (405) 422-7414 |
| A-2 District | (405) 422-7419 |
| A-3 District | (580) 323-2423 |
| A-4 District | (405) 422-7732 |

## Cheyenne and Arapaho Tribal Offices-Clinton

|                                |                |
|--------------------------------|----------------|
| Housing Authority              | (800) 482-4288 |
|                                | (580) 323-4877 |
| Enrollment Office              | (580) 323-2441 |
| Indian Child Welfare           | (580) 323-2323 |
| Childcare Development Center   | (580) 323-2363 |
| R.E.Sp.E.C.T.                  | (580) 323-2602 |
| Emergency Medical Services     | (800) 464-2410 |
|                                | (580) 323-7087 |
| Independent Living Center      | (580) 331-2455 |
| Elder Nutrition Center         | (580) 323-0200 |
| Substance Abuse Program        | (580) 323-9400 |
| Clinton Indian Health Services | (580) 323-2884 |

## Cheyenne and Arapaho Tribal Offices-Watonga

|                                |                |
|--------------------------------|----------------|
| Food Distribution Program      | (580) 623-7813 |
| Watonga Fitness Center         | (580) 623-2193 |
| Watonga Indian Health Services | (580) 623-4991 |

|                                     |                |
|-------------------------------------|----------------|
| Cheyenne and Arapaho Tribal College | (580) 774-3742 |
| Calumet Grocery Store               | (405) 893-2622 |

The Cheyenne and Arapaho Tribal Tribune is the official publication of the Cheyenne and Arapaho tribes of Oklahoma. The Tribune is a bi-monthly publication that is distributed and mailed each 1st and 15th of the month.

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### DEADLINES

At 5 p.m. each 8th and 23rd of the month. If the deadline falls on a weekend, the deadline date is the Friday prior. Items received after the 5 p.m. deadline will be placed in the issue if space allows, otherwise the submission will be held for the next issue.

### SUBSCRIPTIONS

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The annual subscription rate for readers who are not enrolled tribal members is \$35. A check or money order can be mailed to the Tribal Tribune, payable to the Cheyenne and Arapaho Tribes.

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## Cheyenne and Arapaho

T r i b a l T r i b u n e

## DELIVERY SITES

### Oklahoma City

Deans Pawn Shop – 2617 S. Robinson  
Sam’s Best Buys – 2409 S. Agnew  
Oklahoma City Indian Clinic  
Oklahoma Native Art & Jewelry - 1316 S. Agnew

### El Reno

El Reno Chamber of Commerce  
El Reno City Hall  
Elder Care office - Country Club  
Nick’s Barber Shop  
Vickie’s C-Store  
Mini Max  
81 Stop  
(Canadian Square Shopping Center:)  
Bureau of Indian Affairs – Concho Agency  
El Reno Indian Health Service  
Cheyenne and Arapaho tribes Department of Education building

### Concho

Lucky Star Casino  
Cheyenne and Arapaho tribes Smokeshop  
Cheyenne and Arapaho tribal complex  
Cheyenne and Arapaho Tribal Tribune office (Building No. 1)

### Calumet

Calumet Grocery Store

### Geary

Geary Nursing Home  
Gas Station

### Watonga

Watonga Indian Health Center  
Cheyenne and Arapaho tribes Food Distribution office

### Canton

Feather Warrior Casino  
Cheyenne and Arapaho tribes Smoke Shop

### Seiling

Seiling/Fonda community center  
Domino’s/ shell

### Weatherford

Cheyenne and Arapaho Tribal College (SWOSU campus/Science building)

### Clinton

Cheyenne and Arapaho tribes Rehabilitation/Law Enforcement building  
Cheyenne and Arapaho tribes Head Start  
Cheyenne and Arapaho tribes Elder Nutrition Center  
Cheyenne and Arapaho tribes Adult Education/Clinton extension office  
Cheyenne and Arapaho tribes Housing Authority  
Cheyenne and Arapaho tribes Smoke Shop  
Cheyenne and Arapaho tribes Independent Living Center  
Clinton Indian Health Center  
George Hawkins Memorial Treatment Center  
Cheyenne Cultural Center  
Veterans Administration Hospital

### Anadarko

Anadarko Indian Health Center

### Lawton

Lawton Indian Hospital

## TRIBAL TRIBUNE DEADLINES

At 5 p.m. every 8th and 23rd of the month.

Papers delivered every 1st and 15th.

## Cheyenne and Arapaho

T r i b a l T r i b u n e

P. O. Box 38, Concho, OK 73022 Fax: (405) 262-6051

Oklahoma Press Association member



Native American Journalist Association member

DISCLAIMER: Letters to the editor, opinions and commentaries do not reflect the views of the Tribune unless specified. Correspondence must be signed, and include a return address and telephone number for verification, otherwise it will not be published. The Tribune reserves the right to edit letters, for clarity and length. Submission of a letter does not guarantee its publication. Photographs, news stories, or other materials in this publication may not be reprinted without written permission.

Tribal members may pick up copies at the following Oklahoma locations: Tribal complex, Smoke shop in Concho; Indian clinic, BIA office, Education building (Canadian Square), Chamber of Commerce, City Hall in El Reno; Indian clinic, Elder care, Housing building, Annex, Cheyenne Culture Center, Smoke shop in Clinton; Indian clinic, Food Distribution in Watonga; Canton Smoke shop, and Seiling/Fonda Community Center. / Papers are printed by Lindsay Webb Press.

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# New legislators begin with new year

EDITOR’S NOTE: All newly elected legislators were contact twice via e-mail to submit a message to tribal members for the Jan. 1, 2010 issue.



To: Cheyenne District 2 constituents:

To start off I would like to thank everyone who was able to get out and vote. Although you may not have voted for me, it shows how much Cheyenne District 2 voters care about the affairs of the Cheyenne and Arapaho tribes. I would like to thank those who did vote for me and I will do my best to do what is best for the district and all the Cheyenne and Arapaho people. I would like to mention I will do what is best for the district as long as it is constitutionally and morally correct. I am willing to work with the other legislators and the executive branch as long as these two factors are met. I will need input from all people on what your thoughts are concerning legislation. For those who cannot make it into the office I hope to start a Web site or message system to take your concerns into account. I hope to serve you well. Please put me and all the servants of the Cheyenne and Arapaho people into your prayers as we begin to work for you in the coming months and years.

There is nothing more I want to do than to serve the Cheyenne and Arapaho people. Thank you for bestowing this honor on me to be able to serve the tribal members of Cheyenne District 2. I will make mistakes, I am not perfect. I will learn from my mistakes. Hopefully, I can gain all district members trust and will help lead us into prosperity. Have a Happy New Year.

Thank you,  
**Clifton Ellis, legislator (elect)**  
**Cheyenne District 2**  
*Cheyenne and Arapaho tribes of Oklahoma*



**Jane Nightwalker**  
**Arapaho District One (A-1) legislator**



**Fiona Whiteskunk**  
**Cheyenne District Four (C-4) legislator**



**Michael Kodaseet**  
**Arapaho District Two (A-2) legislator**

### Legislative Offices:

|                                                        |                |
|--------------------------------------------------------|----------------|
| <b>C-1 District</b><br>Bruce Whiteman, Jr., legislator | (405) 422-7777 |
| <b>C-2 District</b><br>Clifton Ellis, legislator       | (405) 422-7415 |
| <b>C-3 District</b><br>Mary Jo Higgins, legislator     | (580) 323-2324 |
| <b>C-4 District</b><br>Fiona Whiteskunk, legislator    | (405) 422-7423 |
| <b>A-1 District</b><br>Jane Nightwalker, legislator    | (405) 422-7414 |
| <b>A-2 District</b><br>Michael Kodaseet, legislator    | (405) 422-7419 |
| <b>A-3 District</b><br>Patrick Spottedwolf, legislator | (580) 323-2423 |
| <b>A-4 District</b><br>Casper Avans, legislator        | (405) 422-7732 |

## Wyoming man pleads guilty to shooting bald eagle

(CHEYENNE, Wyo.) - A Northern Arapaho man pleaded guilty in tribal court to killing a bald eagle in 2005 for use in his tribe’s Sun Dance.

Winslow Friday, who is in his mid-20s, entered the plea on the Wind River Indian Reservation in central Wyoming. He was fined \$2,500 and had his hunting privileges suspended on the reservation for a year, said Kathy Dresser, a public defender for the Shoshone and Arapaho Tribal Court who represented him.

Calls to Friday through tribal offices and his family were not immediately returned.

Friday has acknowledged that he shot the eagle without a permit. But the question of whether he should be prosecuted has prompted a protracted legal fight and attracted national attention in Native American religious circles.

In a 2006 interview with The Associated Press, he said he had no regrets about killing the bird, which plays a central role in his tribe’s annual Sun Dance.

“I’m going to say no, because of what I did with the bird,” Friday had said. “I participated in our Sun Dance. No, because that made me feel good in my heart.”

U.S. District Judge William Downes in late 2006 dismissed the federal government’s case against Friday, ruling that the government’s case showed “callous indifference” to Native American religious practices.

Downes said it would have been pointless for Friday to apply for a permit because he wouldn’t have received one anyway.

Downes wrote that the U.S. Fish and Wildlife Service didn’t advise Native Americans that they could apply for permits to kill eagles.

He wrote that the agency preferred instead to let them wait for years to receive eagle carcasses from a federal repository that kept birds that died from hitting power lines or other causes.

A three-judge panel of the U.S. Court of Appeals in Denver later reversed Downes’ ruling but didn’t dispute his factual findings about the federal eagle program.

The U.S. Justice Department’s case against Friday wound up back in federal court in Wyoming after the U.S. Supreme Court refused to review the appeals court’s decision.

Friday had faced up to a year in jail and a possible \$100,000 fine in federal court before the U.S. Attorney’s Office in Cheyenne agreed this year to transfer his case to the Shoshone and Arapaho Tribal Court.

Jim Barrett, assistant federal public defender in Cheyenne, worked out the agreement with federal prosecutors to transfer Friday’s case to tribal court.

“It’s more appropriately taken care of in tribal court since it’s a Native American issue, and I think that’s the proper court for it,” Barrett said. He said dismissing the federal charges against Friday

Notice

Dec. 17, 2009

To Whom it May Concern:

As required by the constitution of the Cheyenne and Arapaho tribes, ratified April 4, 2006, Article IX-Elections, Section 10. *The candidates receiving the highest number of votes in the general election shall be seated.* The election commission conducted and completed a general election. The following candidates receiving the highest number of votes during the general election conducted Nov. 12, 2009 are as follows:

Governor and lieutenant governor – Janice Boswell and Leslie Wandrie  
Cheyenne District Two (C-2) legislator – Clifton Ellis  
Cheyenne District Four (C-4) legislator – Fiona Whiteskunk  
Arapaho District One (A-1) legislator – Jane Nightwalker  
Arapaho District Two (A-2) legislator – Michael Kodaseet

Article IX, Section 14. *A justice of the Supreme Court shall administer the oath of office for all newly elected officials on the first Saturday in January following an election. The oath of office shall require all elected officials to swear an oath of allegiance to serve all the peoples of the tribes, to refuse all gifts or favors in exchange for official action, or to refrain from providing any gifts, favors, or money in exchange for political gain, and to uphold the constitution of the tribes.*  
Fred Blackbear, Election Commission chairman

## Haskell president's return delayed

(LAWRENCE, Kan.) - The president of Haskell Indian Nations University is headed to her second temporary assignment rather than returning to lead the Lawrence school.

The federal Bureau of Indian Education told The Associated Press that starting in January Linda Sue Warner will work in the agency’s Oklahoma City regional office.

She was sent to New Mexico in September on what the government said was another temporary assignment.

Warner came under heavy criticism at Haskell when she proposed increasing student fees at the heavily subsidized college from \$215 per semester to \$1,000. Students started a petition drive to get her fired.

Haskell is a former Indian boarding school and junior college and is the only four-year college operated by the federal government for American Indians. Students do not pay tuition.

George Hawkins Memorial Treatment Center

10320 North Airport Road, Clinton, OK 73601

The Substance Abuse Program can be contacted at (580) 331-2370 or by dialing toll free (800) 247-4612 extension 32370. For information by e-mail, contact Nicolas Barton at nbarton@c-a-tribes.org or Director Harold Spradling at hspradling@c-a-tribes.org.

## Senators urged to approve settling of Cobell case

(WASHINGTON) - Payments of at least \$1,500 each will go to the vast majority of American Indians participating in a long-running lawsuit against the federal government, and many will receive considerably more. It may not sound like much in the nation’s capital, but for many recipients the payment will feed a family for a few months.

With that admonition, Elouise Cobell of Browning, Mont., urged senators to quickly sign off on a \$3.4 billion settlement that would bring a partial remedy to hundreds of thousands for the government’s mismanagement of Indian trust funds.

“We are compelled to settle now by the sobering reality that our class grows smaller each year, each month and every day,” said Cobell, the lead plaintiff in a lawsuit filed in June 1996. “We also face the uncomfortable but unavoidable fact that a large number of individual Indian trust beneficiaries are among the most vulnerable people in this country, existing in sheer poverty.”

The Interior Department manages about 56 million acres of land. It leases the land for mining, grazing and oil and gas produc-

tion. It also collects money from those leases and distributes it to more than 384,000 individual Indian accounts and about 2,700 tribal accounts.

In the lawsuit, the plaintiffs said the government had breached its responsibility to manage assets belonging to American Indians and that it refused to fix a flawed accounting system that led to billions of dollars being lost without explanation.

Sen. Byron Dorgan, D-N.D., used harsher language, saying the government “bilked” many trust account holders. He expects lawmakers overwhelmingly to sign off on the settlement, but wasn’t sure it could be done before the end of the year, as the term’s settlement dictates. He said Congress may need an extension.

“I support the decision. I think it was a wise choice,” he told Cobell. “It will bring substantial benefit to those who have been injured.”

Dorgan is chairman of the Senate Indian Affairs Committee, which held the first hearing on the settlement since it was announced last week. Under terms of the settlement, a fund totaling \$1.4 billion will

compensate participants for past accounting problems and resolve potential claims that assets were mismanaged. Legal fees also will be paid out through the \$1.4 billion fund.

Another \$2 billion will be used to buy back fractional land interests from voluntary sellers.

Often, hundreds of people, even thousands, own a single parcel of land, which makes it difficult for the U.S. to administer the program. The consolidation effort is designed to give individual Indians money for their fractional land interests and help the U.S. cut down on future administration expenses and accounting woes.

Interior Secretary Ken Salazar said the lawsuit was a blight on the government. A settlement was necessary to help establish the kind of trust and cooperation that will be needed to deal with such issues as improving education and law enforcement on reservations, he said.

Senators asked how much will be paid out in attorneys fees. The amount, ranging from \$50 million to \$99.9 million will be left to a judge, officials said.

COME PLAY WITH THE WINNERS!

FEATHER WARRIOR Casino

An Enterprise of the Cheyenne & Arapaho Tribes

CANTON 301 N. W. Lake Road Canton, OK 73724 (580)886-2490 145 Games including VGT, AGS, IGT, Multimedia Mon-Thur 11 a.m.-2a.m. Fri-Sun 10 a.m.-2 a.m.

WATONGA 1407 S. Clarence Nash Watonga, OK 73772 (580)623-7333 179 Games VGT, AGS, IGT, Multimedia & Diamond Games. Mon-Thur 11 a.m.-2 a.m. Fri-Sun 10 a.m.-2 a.m.

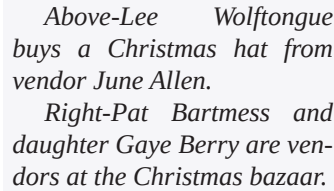
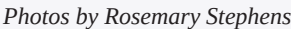
WARRIOR Deli & Grill

REDSTONE CAFE

Must be 18 or older. Responsible Gaming Is Our Game. For help, please call the Problem Gambling Helpline 1-800-522-4700 ©2009 Feather Warrior Casino

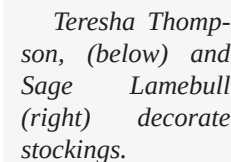
*Left-Anita TallBull displays jewelry at her booth.*

*Below-Melvin Whitebird enjoys a minute of down time in between shoppers.*



The Cheyenne and Arapaho tribes' employee committee hosted a Christmas bazaar on Dec. 17 and 18, 2009 at the tribal complex in Concho, Okla.

The bazaar was open to all tribal members, employees and the outside public to pick and choose Christmas presents from over 35 vendors.



*Photos by Rosemary Stephens*

The Cheyenne and Arapaho tribes' Workforce Investment Act (WIA) program's summer youth workers volunteered to stuff gift bags and create stockings for the elderly living at the Geary Nursing Home on Dec. 21, 2009.

The kids had delivered the baskets and stockings to the nursing home on Dec. 22, 2009.



*Sophia PlentyBears  
(above) enjoys her Christmas  
snack and punch.  
Hunter Navanick gives  
Santa his Christmas wish list.*

Students at the Cheyenne and Arapaho tribes' Child Development spend a day with Santa on Dec. 22, 2009.

allowable income guidelines for the elders to offset the high cost of heating. The months are January 2010, February 2010 and March 2010.

Elder Care hopes to help more elders with their utilities

The following is 400 percent of the 2009 federal poverty level guidelines. The Elder Care program encourages elders who qualify with these new income guidelines to take advantage of this temporary income increase.

| Number in household | Allowable income |
|---------------------|------------------|
| 1                   | \$3610           |
| 2                   | \$4856           |
| 3                   | \$6103           |
| 4                   | \$7350           |
| 5                   | \$8596           |
| 6                   | \$9843           |
| 7                   | \$11090          |
| 8                   | \$12336          |

Students may want look at what the class may involve and make a decision if they would like

to try it and become a student. Students can go by the office and call the Cheyenne and Arapaho Tribal College (CATC) for further information on the semester tribal classes. The phone number for CATC is (580) 774-3742. Arapaho language instructor, Charles Sleeper, can be reached at (888) 284.7725, ext. 27615.



The Southern Plains R.E.A.C.H. U.S. Project will be conducting a focus group, "Talking Circles," in various locations throughout Western Oklahoma beginning in January.

R.E.A.C.H. U.S., the Oklahoma State Department of Health and the University of Oklahoma will combine efforts to gain insight into tobacco use among the tribes.

Tribal people who use tobacco and wish to quit are encouraged to be a part of the "Talking Circles" which are about quitting commercial tobacco and finding materials that promote cessation. If you qualify, you can receive a \$50 Wal-Mart card. Participants in the age group of 35-50 will have priority, but other age groups will be considered.

The "Talking Circles" will be conducted in Clinton, El Reno, and Watonga in January. Ten-

tative dates for the Talking Circles are as follows:

**El Reno 1 - 4 p.m. Jan. 16 Education office**  
**Clinton 1 - 4 p.m. Jan. 23 Fitness center**  
**Watonga 1 - 4 p.m. Jan. 30 Location TBA**

Anyone interested in participating can contact Margie Deer at the R.E.A.C.H. U.S. program to sign up. Leave a message by stating your name and a contact number. The phone number is (405) 422-7687. The office is located with RE-SpECT at the court house in Concho if you wish to sign up there. If you live in Clinton you can sign up with Kimit Chalepah by calling the fitness center at (580) 331-2601.

The "Talking Circle" focus groups will also be held in Hammon and Elk City in February, Seiling and Canton in March. Check the Jan. 15, 2010 *Tribal Tribune* for more information.

With funding from the Institute of Museum and Library Services, the Oklahoma Department of Libraries is sponsoring a 26-month course of study that will introduce selected participants to methods and strategies for designing research projects, identifying sources, accessing and using American Indian materials in local, regional, and national collections, and producing a short documentary using the information collected.

A maximum of 20 research fellows from

across the nation will be selected through a competitive process. Stipend awards are available. Application guidelines, forms, and a sample application may be downloaded from the front page of the Oklahoma Department of Libraries Web site at <http://www.odl.state.ok.us/>.

**Applications are due by 5 pm CST on Feb. 1, 2010.** For more information, contact Susan Feller at (405) 522-3259 or Melissa Brodt at (405) 522-3515.

## Submitted article

The Cheyenne and Arapaho education department invites art students to apply for the “RICHARD W. WEST, SR. ART SCHOLARSHIP” for the spring 2010 term.

Applicants must be a current student enrolled in a college or university and must be a member of the Cheyenne and Arapaho tribes.

Applicants must provide the following information:

1. Verification of Cheyenne and Arapaho tribal membership/ copy of CDIB.
2. A completed Gaming application (go to [www.c-a-tribes.org/education](http://www.c-a-tribes.org/education)).
3. A letter from the school advisor verifying the degree program the student is enrolled in.
4. A copy of the students degree plan.

5. An official transcript of grades.
6. A personal letter of intent (stating educational plans in regards to the degree that will be earned and objectives following graduation).

Two scholarships will be given in the spring 2010 term. Rick West, Jr., wants the scholarship to be given to an art student who draws, because his father was an artist (there are other artists, e.g., fine arts, graphic arts, etc.).

Keep in mind the scholarships will be mailed to the school and may affect financial aid for the particular term a student receives the scholarship.

Students selected to receive a scholarship, may discuss financial aid with the school financial aid office and the tribes higher education office. Contact Wanda Whiteman at [wwhiteman@c-a-tribes.org](mailto:wwhiteman@c-a-tribes.org) or call (405) 422-7560 for more information.

The American Heart Association supports research broadly related to cardiovascular function and disease, stroke or to related clinical, basic science, bioengineering or biotechnology, and public problems.

The opportunities are available for the south central affiliate areas of Arkansas, Oklahoma, New Mexico and Texas.

Some applicants, if eligible, may submit applications simultaneously to both affiliate and national programs,

Award activation is July 1, 2010.

**Application deadline is Jan.**

**26, 2010.**

The following assistance is available:

*Pre-doctoral fellowship:* to help students initiate careers in cardiovascular and stroke research by providing research assistance and training. One to two years – maximum annual amount \$25,000.

*Post doctoral fellowship:* to help a trainee initiate a career in cardiovascular and stroke research while obtaining significant research results. Two years-maximum annual amount ranging from \$38,000 to \$48,000.

The Cheyenne and Arapaho tribes Roads Program has begun construction activities for improvements to the Hammon Rural Road and Hammon Cemetery Road projects.

Construction activities are expected to last until mid-April 2010 and signs will be posted. The first phase of construction will consist of dirt work and new asphalt along Cemetery Road. The second phase shall consist of dirt work and new asphalt on the Hammon Rural Road.

The public is asked to cooperate by following the signs posted. Your patience and cooperation is appreciated. For any questions, contact the Roads Program at (405) 262-0345, ext. 27468.

The Social Service Department **“LIHEAP program”** will be dispersing house weatherization materials for all eligible applicants starting Dec. 23, 2009 at the social service department office in the annex building

Weatherization materials include: Blankets, plastic covering for windows, nails and caulking.

Questions/applications: contact the LIHEAP coordinator Kim Lonebear at (800) 247-4612, ext. 27594 or (405) 422-7594



*Photo by Dana Attocknie*

Quinton Roman Nose and B.J. Stepp hold up a blanket made by Doris Yelloweyes Hamilton of El Reno, Okla. The blanket was presented to Rick West, Jr. after the Cheyenne and Arapaho Tribal College graduation on Sept. 5, 2009 in Colony, Okla.

**Change in elder care food voucher amount**  
Effective Jan. 1, 2010, the Elder Care food voucher amount will increase from \$100 to \$200, for those that are income eligible.

# Salazar announces \$46.5 million in grants to states, territories for historic preservation

(WASHINGTON, D.C.) – Secretary of the Interior Ken Salazar announced the National Park Service is awarding \$46.5 million in historic preservation grants to 59 states and U.S. territories.

“Preserving and celebrating our nation’s rich history is a vital part of the Department of the Interior’s mission,” Salazar said. “These grants from the Historic Preservation Fund will assist state, tribal and local governments in telling their stories while providing both cultural and economic benefits to their communities and to the nation as a whole.”

Last year, projects funded through the Federal Historic Preservation Tax Program generated 67,705 jobs, created 10,392 housing units, and led to more than \$5.64 billion of private investments in the rehabilitation of commercial historic properties, Salazar noted.

The National Park Service will administer the grants through a fund established under the National Historic Preservation Act. The grants can be used through September of

2011 for historic property inventories, resource protection planning, nominations for the National Register of Historic Places, monitoring Federal historic preservation requirements, technical assistance for those seeking to preserve and protect historic resources, assisting local government preservation programs, and acquisition or development of historic properties.

The funds will be distributed to all 50 states, the District of Columbia, the U.S. Territories, the Federated States of Micronesia, the Republic of the Marshall Islands, and the Republic of Palau based on a formula that considers the size, population, and number of historic properties of each area.

Following are the apportionments:

|                                                                                           |
|-------------------------------------------------------------------------------------------|
| FISCAL YEAR 2010<br>HISTORIC PRESERVATION FUND APPORTIONMENT TO STATES UNDER P. L. 111-88 |
| ALABAMA<br>\$815,534                                                                      |
| MONTANA<br>\$778,664                                                                      |

|                                |
|--------------------------------|
| ALASKA<br>\$1,002,486          |
| NEBRASKA<br>\$779,069          |
| AMERICAN SAMOA<br>\$395,634    |
| NEVADA<br>\$739,966            |
| ARIZONA<br>\$849,450           |
| NEW HAMPSHIRE<br>\$616,382     |
| ARKANSAS<br>\$747,302          |
| NEW JERSEY<br>\$915,623        |
| CALIFORNIA<br>\$1,476,028      |
| NEW MEXICO<br>\$781,325        |
| COLORADO<br>\$876,769          |
| NEW YORK<br>\$1,344,989        |
| CONNECTICUT<br>\$729,271       |
| NORTH CAROLINA<br>\$917,077    |
| DELAWARE<br>\$525,518          |
| NORTH DAKOTA<br>\$675,970      |
| DIST. OF COLUMBIA<br>\$522,668 |

|                             |
|-----------------------------|
| CNMI<br>\$409,971           |
| FLORIDA<br>\$1,021,027      |
| OHIO<br>\$1,093,803         |
| FSM<br>\$408,430            |
| OKLAHOMA<br>\$822,870       |
| GEORGIA<br>\$902,818        |
| OREGON<br>\$857,174         |
| GUAM<br>\$408,291           |
| PALAU<br>\$236,704          |
| HAWAII<br>\$571,458         |
| PENNSYLVANIA<br>\$1,167,552 |
| IDAHO<br>\$726,240          |
| PUERTO RICO<br>\$640,462    |
| ILLINOIS<br>\$1,131,366     |
| RHODE ISLAND<br>\$575,378   |
| INDIANA<br>\$907,302        |
| SOUTH CAROLINA<br>\$754,052 |

|                           |
|---------------------------|
| IOWA<br>\$839,474         |
| SOUTH DAKOTA<br>\$699,089 |
| KANSAS<br>\$833,108       |
| TENNESSEE<br>\$842,226    |
| KENTUCKY<br>\$806,769     |
| TEXAS<br>\$1,319,232      |
| LOUISIANA<br>\$821,194    |
| UTAH<br>\$766,045         |
| MAINE<br>\$703,437        |
| VERMONT<br>\$570,562      |
| MARSHALLS<br>\$236,704    |
| VIRGINIA<br>\$886,789     |

|                             |
|-----------------------------|
| MARYLAND<br>\$790,739       |
| VIRGIN ISLANDS<br>\$414,187 |
| MASSACHUSETTS<br>\$908,297  |
| WASHINGTON<br>\$914,094     |
| MICHIGAN<br>\$1,101,370     |
| WEST VIRGINIA<br>\$701,024  |
| MINNESOTA<br>\$932,649      |
| WISCONSIN<br>\$940,873      |
| MISSISSIPPI<br>\$737,880    |
| WYOMING<br>\$683,576        |
| MISSOURI<br>\$926,059       |
| TOTAL<br>\$46,500,000       |

## Grace Slaughter gives back to tribe

Submitted article

The Cheyenne and Arapaho tribes education department wishes to thank Grace Slaughter and her husband, Roger, for the most gracious donation to the department of education Christmas fundraiser event.

They donated \$200 in Wal-Mart shopping cards. The cards were mailed in time to use for gifts for tribal member elders who live in the El Reno area and selected families, most of whom were families who lost a parent within the past few years and have school age children in the home.

Slaughter is a member of the Cheyenne and Arapaho tribes. She completed her masters degree in library studies through funding received from the Cheyenne and Arapaho education scholarship program.

She is now head librarian in the Birmingham, Ala. city li-

brary.

Slaughter has an aunt in El Reno, Esther Lamebull, who is her mother’s sister and who she visits when she can. In summer 2009 Slaughter and her husband were guests at the camp of Wanda Whiteman, during the annual sun dance ceremonies held in Seiling, Okla.

They were a great help at the camp and provided a tremendous amount of support with moving up to Seiling, cooking for the food offerings, and daily camp duties of cleaning and preparation of gift offerings.

Slaughter is proud of her tribal heritage and continues to be an asset to the tribes by sending information of available language grants to the education department.

She is shown in the photo with her aunt Esther and cousin Peggy Sue Horse, both of El Reno, Okla.

Thank you Grace and Roger.



Courtesy photo

## Sanford C. Coats is sworn in as United States attorney

(OKLAHOMA CITY) - The United States Attorney’s Office is pleased to announce the confirmation of Sanford C. Coats as the United States Attorney for the Western District of Oklahoma. Coats was nominated by President Barack Obama on Sept. 30, 2009.

The United States Senate unanimously confirmed his appointment on Dec. 24, 2009. The president subsequently signed Coats’ commission and he was sworn into office this afternoon.

“I am very honored and humbled to serve my country and the citizens of the Western District of Oklahoma in this capacity,” said U.S. Attorney Coats. “I am confident that the talented men and women in this office will continue to protect our citizens, defend our national security and represent the interests of the United States through the ethical, vigorous and impartial enforcement of our laws.”

As United States Attorney, Coats will supervise the prosecution of all federal crimes and the litigation of all civil matters in which the United States has an interest.

He oversees the work of nearly 90 employees,

including 37 Assistant U.S. Attorneys. The Western District of Oklahoma is the largest of three judicial districts in the State of Oklahoma and includes 40 of the 77 counties.

Coats succeeds Robert J. Troester who has been serving as the Acting United States Attorney since August.

Coats has been a federal prosecutor since 2004 and has prosecuted a variety of cases, including child prostitution, child pornography, banking fraud, tax evasion, crimes in Indian Country, illegal immigration, complex drug conspiracies, firearm crimes and violence associated with illegal street gangs.

In 2007, Coats volunteered for short-term assignment to the U.S. Attorney’s Office in New Orleans as part of a special initiative by the Department of Justice following the devastation of Hurricane Katrina to assist in the prosecution of violent, firearm and drug crime.

Coats received a Juris Doctorate from the University of Oklahoma College of Law in 1998 and a Bachelor of Arts degree from Tulane University of Louisiana in 1994.

now have a formal process in place for communication and collaboration with sovereign tribal governments in New Mexico. He says this will give the state a strong foundation for better addressing the needs of Indian communities.

The collaboration policies were created by six workgroups, each led by a tribal co-chairman and a state co-chairman.

The Cheyenne and Arapaho Tribes are asking for your help to create a common Vision for the Development and Management of Tribally-held lands.

The Tribes’ Vision will describe the Ideal Social, Economic, and Environmental conditions many years from Now. The professional planning consultants, AECOM and REES Associates have been engaged by the Tribes to assist in Development of the Comprehensive Plan.

## Cheyenne & Arapaho Tribes Comprehensive Planning

The Comprehensive Plan will Articulate the Goals which will guide the stewardship of the land and resources within the Cheyenne & Arapaho Tribal lands. The Plan will also outline the framework for implementation.

Tribal Leaders and Tribal Members are an integral part of the Comprehensive Plan. During every step of the Plan’s development, Tribal Members will be invited to public events where Ideas and Information can be Exchanged. Let your friends, relatives and neighbors know about the Plan and the opportunities for getting involved!

One of the most important outcomes of the Plan will be to provide the steps to make your Vision a Reality

Dates to be announced for the Public Meeting

Office of Planning & Development



## NM signs collaboration policies with tribes

(SANTA FE, N.M. ) - Every cabinet-level agency in New Mexico has signed and adopted a collaboration policy as part of an effort to improve the state’s relations with American Indian tribes.

The collaboration policies stem from legislation signed into law by Gov. Bill Richardson earlier this year.

The governor says all cabinet agencies

# Boarding school legacy: broken families

(ANCHORAGE, Alaska) - Some Alaska natives who died at the boarding school or hospital in Tacoma, Wash., were buried in unmarked graves.

They were called Eskimos or Alaska Indians when they left their homes to go to the Indian school or hospital on Puyallup lands in the early 20th century.

Of the sick, many died before they arrived at the Washington reservation. If they were children, they often didn't know why they were being taken from their families.

Those that survived are now growing old and dying, and the Puyallup tribe is trying to record their stories before it's too late.

"All we have are death certificates or official correspondences, not personal views," said Amber Santiago, who works with the tribe's historic preservation department. "We just have the white people's perspective."

Starting in the 1860s, natives from Washington, Oregon, California, Idaho, Montana and Alaska came to the Puyallup Indian Reservation to attend Cushman Indian School. In the 1920s, the school was converted to a regional hospital that treated natives up until the 1960s.

While students and patients came from throughout the Northwest, there is only one living member of the Puyallup tribe who went to the school or hospital.

That's why Santiago is searching for anyone who can tell her more about what happened there.

"We're trying to reclaim our own history," said Santiago, whose mother was taken from Montana's Flathead Reservation at age 10 to be treated at the hospital.

All Santiago has to go on so far are some death certificates and interviews with about 20 eyewitnesses. There are many missing

pieces to the story of what went on there, but none of them is bigger than what happened to the Alaskans.

"Everyone we talked about said 'the Alaskans, the Alaskans' . . . It's the only group that people mention over and over again, it's the common thread through all the interviews," Santiago said. "I really wonder about the Alaskans, since there were so many of them, what their stories are."

But so far, Santiago has yet to find a single Alaska native to interview.

"It's the last state - the missing link," she said.

Santiago said that so far she's heard stories both good and bad about what it was like at Cushman. But for many it was a place of homesickness, confusion or illness, especially for the children that were there. One man came to the hospital to get his tonsils out as a child and ended up staying for years.

"When his parents came to pick him up he didn't know who they were," Santiago said.

Perhaps because it was a scary or lonely experience, "the majority of people haven't talked about it since they left there," Santiago said. Now that they're in their 70s, 80s or 90s, "they don't mind talking now."

The people Santiago interviewed all remembered the Alaskans to be very quiet and shy and "everyone said they were really nice,"

One nurse remembered collecting personal items from incoming patients. An Alaska native man came to the hospital wearing traditional clothes, and she remembered how the seal oil on his mukluks began to smell after they'd been wrapped in plastic and stored in the heat.

In the five-story hospital, the first two

floors were for tuberculosis patients. A nurse that worked there remembered about 200 to 300 patients in that ward at a time, the majority from Alaska.

Many Alaskans died on Puyallup lands. Most of the other tribal members were sent back to their families when they died, but Alaska natives were usually buried near the hospital, unattended by friends or relatives, without a headstone to name them.

One man Santiago spoke to stayed in a hospital room overlooking the cemetery. Every week, he said, he would see "a grave-digger and a man in black (a priest), just burying, burying."

"He said it was known they were Alaskan Indians," Santiago said.

Today, the cemetery has only Puyallup tribal members and what Santiago assumes are the graves of the Alaskans who died at the hospital. About five years ago the tribe purchased a ground-penetrating radar to find the unmarked graves. Since the buildings were demolished in 2003, the cemetery is all that is left of Cushman Indian School and Hospital.

The tribe is hoping to compile an oral record of the school in a memoir, and eventually build a museum about the history of the area.

"It's just a part of history that not a lot of people know about," Santiago said.

Santiago said that the Puyallup Tribe would like to hear from anyone who has a story about Cushman Indian School or Cushman Indian Hospital, or St. George's Indian Boarding School in the Fife/Milton area from the 1880s to 1930s. That may not be someone who attended but even their grandchild or friend.

"We want to piece together the story," Santiago said.

## E A T I N G well for DIABETES

By Kristie Purdy, MA, RD/LD  
C&A Diabetes Wellness Program

### Eating well as we age

As we age, good nutrition plays a key role in the maintenance of our health and wellbeing.

Proper nutrition and a healthy diet can enhance mental sharpness, increase energy levels, boost our immune system and reduce the risks for age-related chronic diseases. Listed below are a few tips for eating well as we age.

Eat a variety of foods. Eating a variety of foods is important for a balanced diet. Different foods have different vitamins and minerals. By only eating the same one or two foods everyday you may not be getting all the proper nutrients your body needs.

Go lean on protein. Make wise protein choices by choosing lean protein sources such as fish, poultry, eggs or egg substitutes, beans, peas, and nuts. Limit red meats. Certain cuts of red meats contain higher amounts of saturated fats than others.

When choosing red meats, try to look for meats that contain the word "loin" or "round" in the description (i.e. sirloin). Try eating poultry products such as turkey or chicken without the skin. Removing the skin will reduce the amount of saturated fat.

When preparing your lean protein, be sure to bake, broil, boil or grill to keep these foods healthy.

Bone up on calcium. As we get older, the bones in our body lose their mineral content at a more rapid rate than in our younger years.

The rate of mineral loss increases more rapidly if you are female and post menopaual. To prevent diseases such as osteoporosis, it is important to get calcium into your diet daily.

Aim for at least three servings of calcium-rich foods such as: milk, yogurt, cheese or pudding. Non-dairy foods containing small amounts of calcium include: salmon, tofu, collard greens, spinach, turnip greens, okra, broccoli, brussel sprouts, and almond.

There are also some products available that have been calcium fortified (calcium has been added to the food) such as some breakfast cereals, orange-juice, and bread.

Choose good fats. Try selecting more "heart healthy fats," which can be found in oils such as olive, canola, or sunflower.

Heart healthy fats can also be found in avocados, nuts and seeds.

Try limiting saturated fats, which can lead to chronic diseases such as high cholesterol and heart disease. Saturated fats can be found in

beef, pork, whole milk products, butter, stick margarine, and shortening.

Eat more fiber-rich foods. Diets high in fiber can reduce constipation, help to improve blood sugar control, reduce high blood cholesterol, high blood pressure and other heart diseases, and help to keep you feeling fuller longer.

Fiber can be found in whole-grain products such as: whole-wheat bread, whole-wheat pasta, brown rice, oatmeal and popcorn. Fiber can also be found in many fruits and vegetables including: avocados, apples, oranges, raspberries, blackberries, bananas, strawberries, broccoli and spinach. You can also find fiber in many nuts and seeds.

Stay hydrated. Try to stay hydrated by making an effort to get six to eight fluid ounces of water each day. It may sound hard to drink that amount of water each day, but try making fluids part of your daily routine by carrying a plastic water bottle with you wherever you go throughout the day.

Try limiting the amount of caffeinated and sugary drinks in your diet. Caffeine is a diuretic, which can cause you to lose fluids quickly. Sugary drinks add extra calories.

In addition to drinking enough water, aim to eat more foods with a high water content such as: melons, grapes, cucumbers, apples, cabbage, and soup.

Do not be discouraged if you are not currently following a healthy diet. Many people find it hard to change habits and old ways they have developed over a lifetime. Start by making changes slowly.

Try not to think about trying to break bad habits. Rather, think of trying to establish good ones. Instead of trying to eliminate high fat or sweet foods from your diet, you may want to start by adding three servings of fruits or vegetables a day to your meals.

When you have successfully changed a habit, take time to celebrate your victory.

Try celebrating your healthy nutrition habits with non food related treats, such as your favorite hobby or activity. It may take some time, but good nutrition can become a part of your everyday life, which can have positive benefits to your overall health.

For questions concerning nutrition, diabetes or weight management, please contact the C-A Diabetes Wellness Program at (405) 422-7688.

### Exhibit exposes the ideas "Between Warp, Weft"

(SANTA FE, NM) – The Museum of Contemporary Native Arts Store and Lloyd Kiva New Gallery (108 Cathedral Place) will showcase the art of contemporary Native American basketry in a new exhibit Somewhere Between Warp and Weft.

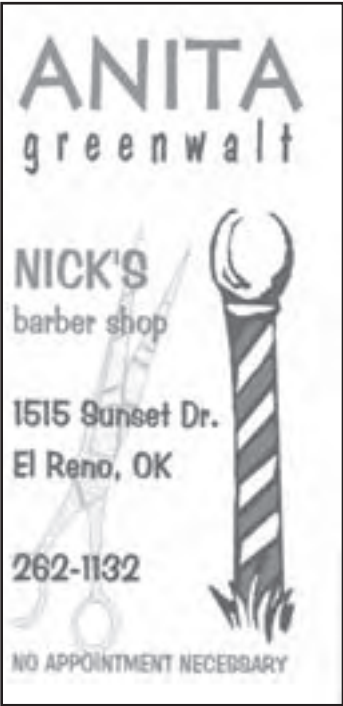
The show opens Jan. 9, 2010 with a reception from noon to 2 p.m. and remains on display until Feb. 21, 2010.

As the first exhibit of its kind at the Lloyd Kiva New Gallery, the show will include baskets from across North America, highlighting different styles as they relate to both geographic regions and tribal traditions. All baskets will be available for purchase, and all purchases go back to the artists and Museum programs.

For more information, call Maggie Ohnesorgen, (505) 983-1666.



Top to bottom: Lavinia Day (Chiricahua), Kate Dickles (Ojibwa) and Elaine Porter (Ojibwa); Kate Dickles (Ojibwa); Adrienne Williams (Coushatta); Tina Santiago (Coushatta Nation of Louisiana); Mary Cornelius (Wichita) and Lavinia Day (Chiricahua); Tina Santiago (Coushatta Nation of Louisiana)



Photos by Dana Attocknie

Wanda Whiteman, Francine Williams and Jean Bear from the Cheyenne and Arapaho tribes Department of Education put Christmas presents together for local families. They delivered the gifts and fruit baskets on Dec. 23, 2009.

### Good Morning Breakfast Dish



Submitted by Marie Washington

### Cooking with commods

- 2 lbs. of buffalo sausage (or your preference of meat use seasons you like for meat)
- 1/2 cup of chopped onion
- 1/2 cup of finely chopped green bell pepper
- 1/3 cup of finely chopped yellow bell pepper
- 1 Tablespoon of crushed garlic
- 11 eggs
- 1 1/2 cups shredded cheddar cheese {you can use the cheese that you like}
- 1 1/2 cups shredded mozzarella Cheese {you can use the cheese that you like}
- 2 cans of flaky biscuits

1. Heat oven to 375 degrees. Spray large square baking dish with cooking spray and in skillet brown meat, onion, bell peppers and garlic, drain well.
2. In bowl, beat eggs then stir in sausage mixture and cheese and mix well. Separate biscuits and place on the bottom of the baking dish and spread mixture on top of the biscuits. (If you like you can save some cheese and place on top of dish the last 10 minutes before it's done.)
3. Bake 30 minutes or until egg mixture is done and the crust is a golden brown. Let stand for about 5 minutes before serving.

## BRIEFS

**The seventh annual Battered Mothers Custody Conference**  
Jan. 8-10, 2010 at the Holiday Inn Turf in Albany, N.Y. For more information or to register visit [www.batteredmotherscustodyconference.org](http://www.batteredmotherscustodyconference.org).

**The U.S. Environmental Protection Agency 13th annual Landfill Methane Outreach Program**  
Jan. 11-13, 2010 at the Hilton in Baltimore, Md. For more information contact Rachel Goldstein at (202) 343-9391 or by email at [goldstein.rachel@epa.gov](mailto:goldstein.rachel@epa.gov).

**The 2010 LEAD Institute National Conference**  
Jan. 13-15, 2010 at the Hyatt Tamaya Resort in Santa Ana Pueblo, N.M. For more information or to register visit [www.firstnations.org](http://www.firstnations.org) or call Marsha Whiting at (303) 774-7836.

**Environmental Protection Agency Indoor Air Quality Tools for Schools National Symposium**  
Jan. 14-16, 2010 at the Grand Hyatt in Washington, D.C. For more information or to register

visit [www.iaqsymposium.com](http://www.iaqsymposium.com).

**The 2010 EcoFarm Conference**  
Jan. 20-23, 2010 at the Asilomar Conference Center in Pacific Grove, Calif. For more information or to register visit [www.eco-farm.org](http://www.eco-farm.org).

**The New Green Economy Conference**  
Jan. 20-22, 2010 at the International Trade Center in Washington, D.C. To register visit [www.cnie.org/conference/GreenEconomy](http://www.cnie.org/conference/GreenEconomy).

**The 24th annual International Conference on Child and Family Maltreatment**  
Jan. 24-29, 2010 at the Town and Country Resort and Conference Center in San Diego, Calif. For more information see [www.chadwickcenter.org/conference](http://www.chadwickcenter.org/conference).

**The National Head Start Association 2010 Leadership Institute-Learning from the Past Innovating for the Future**  
Jan. 25-28, 2010 at the Hilton Crystal City in Arlington, Va. For more information or to register visit [www.nhsa.org](http://www.nhsa.org).

**The Midwinter Indian Health Conference: Women's and Children's Healthcare**  
Jan. 29-31, 2010 in Telluride, Colo. For more information contact Alan Waxman by email at [Awaxman@salud.unm.edu](mailto:Awaxman@salud.unm.edu) or Diana Hu at [Diana.Hu@TCIMC.ihs.gov](mailto:Diana.Hu@TCIMC.ihs.gov).

**The eighth annual Washington International Education Conference**  
Jan. 25-26, 2010 at the George Washington University in Washington, D.C. To register or for more information visit [www.washcouncil.org](http://www.washcouncil.org).

**Gangs in Indian Country**  
Jan. 27-29, 2010 at the South Point Hotel and Casino in Las Vegas, Nev. To register or for more information visit [www.falmouthstitute.com](http://www.falmouthstitute.com).

**The International Economic Development Council 2010 Leadership Summit**  
Jan. 31-Feb. 2, 2010 at the Woodlands Resort and Conference Center in Houston, Texas. For more information or to register visit [www.iedconline.org](http://www.iedconline.org).

# Geary Nursing Home

An enterprise of the Cheyenne and Arapaho Tribes

Submitted article/photos

Our census is now 22. Our newest residents are Roy and Helen Younger from Clinton, Okla. We would also like to welcome Grace Wallace from Thomas, Okla. and Lola Mills from Geary, Okla.

We had our employee and resident Christmas party and also our monthly birthday party on Dec. 23, 2009. The birthdays for December were Rod Smith, Boynton Turtle and Grace Wallace.

The residents enjoyed finger foods, Christmas candy and cookies they made earlier in the week, and birthday cake. We sang Christmas songs and then Santa showed up to pass out gifts. Each resident had their picture taken next to the Christmas tree and gave it to their families at the party.

On Dec 14, 2009 we took several residents to Yukon, Okla. to see the light display at the park. After the tour they enjoyed cookies and hot chocolate.

We would like to send our condolences to the families of Clarence Vontunglen and Samuel James.



## South Dakota inmate group wants tobacco ban lifted

(SIOUX FALLS, S.D.) - A group of Native American inmates has filed a federal lawsuit against the South Dakota Department of Corrections, saying a new prison policy that bans the use of tobacco during religious ceremonies is discriminatory.

The Native American Council of Tribes, an organization based at the state penitentiary in Sioux Falls, asked the U.S. District Court to prevent the policy from being enforced. Inmate Blaine Brings Plenty, the group’s chairman, said in the complaint that for Native American prayer to be effective, “it must be embodied in ‘tobacco’ and offered within a ceremonial framework.”

The suit filed Wednesday lists Warden Doug Weber, Corrections Secretary Timothy Reisch and Attorney General Marty Jackley as defendants.

Corrections spokesman Michael Winder said that the department does not comment on pending litigation.

The state prison system went tobacco free in 2000 but made an exception for tobacco used in Native American ceremonies. In an Oct. 19 letter announcing the policy change to tribal liaisons, spiritual leaders, pipe carriers and sundancers, Weber said that tobacco used during ceremonies was becoming increasingly abused and inmates have been caught separating it from their pipe and tie mixtures.

“The tobacco is then sold or bartered to other inmates,” Weber wrote. “Sometimes the prison gangs are pressuring the inmates to sell their tobacco instead of using it for spiritual reasons.”

Weber said the change was requested by Native American spiritual leaders who come to state facilities to conduct ceremonies. He said they told prison officials that tobacco is too addictive and is not traditional to Lakota and Dakota ceremonies.

The Council of Tribes said in the lawsuit that the change violates U.S. Constitutional rights ensuring that no prisoner be penalized or discriminated against solely on the basis of Native American religious beliefs or practices.

The council said in its lawsuit that prisons have been reluctant to give Indian inmates the same rights that non-Indians have enjoyed under state law, and “these attitudes still linger.”

In his letter, Weber said prisons will continue to allow the use of other botanicals such as cannabis, sage, bitter root, bearberry, lovage, flat cedar and sweet grass.

Other states, including Nevada and New Mexico, have prison smoking bans but allow American Indians to use tobacco during religious ceremonies.

In Nevada, state officials have said the inmates could smoke pipes as long as there were no abuses.

## Clinton Head Start Christmas



## Concho Head Start Christmas





# CALENDAR of Events

### Native American Church Benefit Dance

Jan. 9, 2010 at the Watonga All Purpose Center. Gourd Dancing at 2 p.m. Dinner at 5 p.m. Sponsored by the NAC Women’s Auxiliary. All proceeds to benefit the Native American Church

### Kiowa Tia-Piah Society Benefit powwow

Jan. 16, 2010 at the Comanche Nation Community Center in Apache, Okla. For more information, call Wallace “Hokeah” Bointy at (405) 933-3862.

### Third annual Doyle Lonelodge Memorial Tournament

Jan. 16-17, 2010 Clinton Housing Authority building. Deadline to enter is noon Jan. 14, 2010. No entry fee. Must be Cheyenne and Arapaho tribal members and 18 years of age. To register, call R.E.Sp.E.C.T at (405) 422-7570.

### Chasing the Sun powwow and 10K

Feb. 19-21, 2010 at the University of Phoenix Stadium in Glendale, Ariz. First powwow held in a NFL stadium. \$100,000 in total prize money. For more information, visit [www.nabihoops.com](http://www.nabihoops.com).

### Third annual “Preparing for the seventh generation: The journey continues in commercial tobacco control”

April 7, 8, 9, 2010 in Oklahoma City. No registration fee.

## Chevron agrees to \$45 million settlement

(WASHINGTON) - Chevron Corp. will pay \$45.5 million to resolve claims that it underpaid natural gas royalties to the government and Native Americans, the Justice Department announced Wednesday.

Most of the settlement money will be distributed to federal, state and American Indian accounts affected by the underpayments. More than \$12.3 million of the amount will go to the heirs of the whistleblower who filed the lawsuit in Texarkana, Texas.

Each month, companies are required to report to the Interior Department the value of the natural gas produced from their federal and Indian leases. A percentage of the reported value is paid as royalties.

The settlement includes Chevron companies Texaco Inc., Unocal Corp. and other affiliates.

The government contended that the companies made improper deductions from royalty values and violated the False Claims Act by underpaying the royalties.

“This settlement successfully ends long-standing litigation and ensures that taxpayers receive their fair share of royalty revenues from energy production on federal and American Indian lands,” Interior Secretary Ken Salazar said.

In a statement, Chevron said, “The agreement states that Chevron makes no admission of any kind concerning improper or fraudulent actions or omissions on its part, and Chevron reasserts that it did not engage in such activities. Chevron has settled this case simply to bring an end to a long and expensive legal proceeding.”

Assistant Attorney General Tony West said mineral royalties provide an important source of income for Native Americans, the federal government and several state governments.

The settlement said the underreporting took place from March 1988 through November 2008.

Even with Chevron, Unocal, Texaco and their affiliates released from the case, many defendants remain, said lead plaintiffs’ attorney C. Cary Patterson of Texarkana, Texas.

“We’ve still got a long way to go,” he said Wednesday.

The case was filed by an individual, Harrold Wright. Although he is deceased, his heirs will receive payment under the whistleblower provisions of the False Claims Act. The law allows private citizens to file actions on behalf of the United States and share in any recovery.

Wright’s suit alleged that a number of companies systematically underpaid royalties.

The Justice Department previously settled with Burlington Resources Inc. for \$105.3 million, Shell Oil Co. for \$56 million and Dominion Exploration and Production Co. for \$2 million.

The case is U.S. ex rel. Wright v. Chevron USA Inc. et al., 5:03-CV-264 in the Eastern District of Texas.

| Cheyenne and Arapaho Tribes |                           |          |                      |
|-----------------------------|---------------------------|----------|----------------------|
| LIST OF HOLIDAYS 2010       |                           |          |                      |
| DATE                        | HOLIDAYS                  | DAY      | DAY OFF              |
| January 01                  | New Year's Day            | Friday   | Same Day             |
| January 18                  | Martin Luther King Day    | Monday   | Same Day             |
| February 15                 | President's Day           | Monday   | Same Day             |
| April 04                    | Easter                    | Sunday   | Monday, April 5      |
| May 31                      | Memorial Day              | Monday   | Same Day             |
| June 25                     | Little Big Horn Day       | Friday   | Same Day             |
| July 4                      | Independence Day          | Sunday   | Monday, July 5       |
| September 6                 | Labor Day                 | Monday   | Same Day             |
| September 24                | National Indian Day       | Friday   | Same Day             |
| October 11                  | Sovereignty Day           | Monday   | Same Day             |
| November 11                 | Veteran's Day             | Thursday | Same Day             |
| November 14                 | Okla. Native American Day | Sunday   | Friday, November 26* |
| November 25                 | Thanksgiving              | Thursday | Same Day             |
| December 25                 | Christmas                 | Saturday | Friday, Dec. 24      |

\* Holidays is subject to be changed or moved or has been moved.

In many cases, missionaries working on reservations would call

She talked to 25 adoptees in her research and found that, like her,

Driving became so treacherous that authorities closed interstates in Texas, Oklahoma, North Dakota and South Dakota to prevent further col-

Several Midwest churches canceled Christmas Eve services because of the snow.

Attention, Attention, Attention, Attention

ARE YOU A VETERAN OR CURRENTLY SERVING?  
If so...

**We Want You!!**



*The Cheyenne & Arapaho  
Color Guard*

The Cheyenne & Arapaho Color Guard was started with the intention of bringing a sense of pride and honor to the representation of our tribes. Whether we stood together in combat duty or non-combat service, we stood together to serve with pride and honor for our country and people.

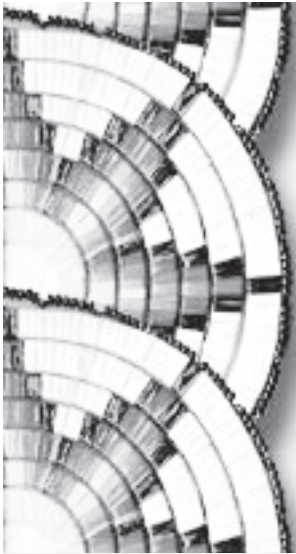
While we may not be using the strict, by-the-book, military code of conduct, we do try to remember that as tribal veterans we are representing the Cheyenne & Arapaho Tribes, our relatives, and friends, those that have gone on before us, and the generations yet to come.

Our service to our people is not political. Our service to our tribal government is not political. In military service, we stood by each other without regard to race, religion, sex, or politics. That ideal will continue with the Cheyenne & Arapaho Color Guard service.

This is a volunteer service, although there are times when we are given funds to cover fuel expenses. However, we do not count on or expect it. Uniforms are paid for, and you are not expected to attend every event. However we do look for active participation.

If you, or anyone you know, male or female, combat duty or not, would be interested in joining the Color Guard, please contact

**Contact Commander Deforest "Mock" Tall Bear  
Cell (405) 885-1870  
Or  
The Department of Administration Office**



# IN MEMORIAM

## Cheyenne and Arapaho Tribal Members

| Name                           | Birth    | Death   | Name                      | Birth    | Death    |
|--------------------------------|----------|---------|---------------------------|----------|----------|
| DARWIN WHITEMAN JR             | 7/29/42  | 1/1/09  | MILAN PERRY               | 1/5/60   | 7/2/09   |
| JESSE CAMARILLO                | 1/3/09   | 1/3/09  | MILTON MORTON SR          | 8/30/35  | 7/5/09   |
| EDWARD J WHITESKUNK            | 7/4/53   | 1/5/09  | MICHAEL RUIZ VEGA JR      | 2/18/88  | 7/17/09  |
| SUSIE B HUGHES                 | 9/2/56   | 1/7/09  | MITCHELL GONZALES         | 6/7/67   | 7/23/09  |
| CAROL GREEN NELSON             | 12/8/61  | 1/9/09  | FLOYD BLACKWOLF, JR       | 10/22/37 | 7/24/09  |
| ELSIE B. WARNER                | 1/15/36  | 1/16/09 | BILLY JOE WHITLOW         | 11/19/54 | 7/24/09  |
| THOMAS YELLOW EYES             | 7/2/49   | 1/16/09 | LIONEL SCOTT RUSSELL      | 9/2/85   | 7/25/09  |
| NAOMI WHITECROW                | 12/9/06  | 1/20/09 | GERALDINE A. HUTCHINSON   | 7/10/40  | 8/7/09   |
| KATHRYN NEWTON                 | 2/9/64   | 1/20/09 | ALMIRA ANDERSON           | 7/21/63  | 8/7/09   |
| KARL THUNDERBULL SR            | 4/13/76  | 2/1/09  | HELEN PEREZ               | 2/28/51  | 8/12/09  |
| MARILYN B. LONEMAN             | 9/25/58  | 2/6/09  | LAVERN P. CROSS           | 9/28/33  | 8/14/09  |
| JOAN SITTINGHAWK BIGPOND       | 12/31/35 | 2/16/09 | DALE WHEELER              | 5/22/48  | 8/14/09  |
| MARQUS LITTLEBEAR GARCIA       | 8/27/00  | 2/18/09 | DIANE MEDICINE BEAR OSAGE | 9/4/59   | 8/28/09  |
| MITCHELL WHITEMAN              | 12/28/61 | 2/22/09 | MINNIE YELLOW EAGLE       | 2/27/38  | 8/28/09  |
| JONATHAN ANGEL DEERE           | 2/28/09  | 2/28/09 | MYRA OSAGE RICE           | 2/10/61  | 9/6/09   |
| GIDEON BISON                   | 11/11/47 | 2/28/09 | EDMOND YOUNGBULL          | 3/25/54  | 9/7/09   |
| ANNABELLE KAULAITY             | 11/9/27  | 3/3/09  | ERNEST BEARSHEAD SR       | 7/1/21   | 9/16/09  |
| ANGELINE S. PRATT              | 10/6/24  | 3/7/09  | BABY SLEEPER              | 9/23/09  | 9/23/09  |
| AMELIA HILL                    | 4/30/29  | 3/17/09 | OTTO R. PRATT             | 7/29/60  | 9/24/09  |
| DUSHANE DEE DEE SANKEY JACKSON | 11/2/58  | 3/19/09 | THOMAS BALENTI            | 3/8/26   | 9/25/09  |
| JOSEPH HADLEY SR               | 5/28/36  | 3/20/09 | FRED WASHEE SR            | 1/2/78   | 10/11/09 |
| CLIFFORD J. HAAG               | 2/11/29  | 3/25/09 | CHARLES LONELODGE SR      | 5/21/38  | 10/12/09 |
| FREDDY A. LITTLEMAN JR         | 7/21/62  | 3/28/09 | SANDRA J. LAMEBULL        | 8/15/60  | 10/19/09 |
| MARY M. WEBBER                 | 9/18/12  | 4/6/09  | LELAND WHITE SHIRT        | 12/12/52 | 10/20/09 |
| FRANCIS P. WHITEMAN            | 8/23/65  | 4/8/09  | WILLIAM A. PICKENS JR     | 2/13/80  | 10/23/09 |
| JACQUITA TODD WARNER           | 10/7/59  | 4/10/09 | EDWARD H HAAG             | 8/10/37  | 10/24/09 |
| KATHY E. RYKER                 | 8/15/56  | 4/11/09 | PAUL STARR JR             | 1/23/37  | 11/4/09  |
| CLARA JEAN AARON               | 10/8/56  | 4/13/09 | RICHARD B LARNEY JR       | 2/21/66  | 11/5/09  |
| ALICE A. LONELODGE             | 7/12/61  | 4/19/09 | MARY M DYER               | 11/15/62 | 11/6/09  |
| KATE HAAG FIXICO               | 5/18/36  | 4/21/09 | ROBERTA WHISTLING ELK     | 3/1/48   | 11/9/09  |
| CHRISTOPHER G. BLACK           | 8/15/85  | 4/28/09 | CURTIS J. LEVI            | 11/6/42  | 11/10/09 |
| JONITA COFFEY                  | 4/6/78   | 4/29/09 | ANASTAYZIA LONEMAN        | 11/13/09 | 11/13/09 |
| SHARON COYOTE ROBE WIMETT      | 9/24/58  | 5/1/09  | JOHN D. WHITESHIRT SR     | 6/9/27   | 11/15/09 |
| BRIDGET L. HICKS-ELLIS         | 7/24/54  | 5/4/09  | ELIZABETH THUNDERBULL     | 12/6/48  | 11/22/09 |
| STEFANIE DODGE                 | 8/10/70  | 5/9/09  | ELDON BEARBOW             | 6/11/45  | 11/25/09 |
| ANGEL M RIVERS                 | 5/23/09  | 5/23/09 | BRANDON PHILLIPS          | 11/25/09 | 11/25/09 |
| ASA N. BEARDSLEY               | 6/14/09  | 6/14/09 | EDWARD LONEMAN JR         | 7/29/54  | 12/6/09  |
| JOYCE K. POPE                  | 5/26/65  | 6/23/09 | ANDREW RAY PATTY          | 2/9/60   | 12/8/09  |
| THELMA L. HAAG                 | 3/19/32  | 6/24/09 | JAMES BEAVER SR           | 2/22/50  | 12/8/09  |
| JOSEPH HADLEY JR               | 11/3/60  | 6/27/09 | JACK HAMILTON             | 9/22/58  | 12/11/09 |
| CHARLES M. TIGER               | 9/12/65  | 6/28/09 | MINH Q. DUONG, JR         | 12/12/09 | 12/12/09 |
| CLARENCE M. WEBSTER, SR        | 10/25/30 | 7/1/09  | SAM M. JAMES, JR.         | 5/12/45  | 12/20/09 |

## A YEAR IN REVIEW



# New Year's Resolutions and Wishes for the 2010 New Year

*Cheyenne and Arapaho tribal employees share their resolutions, hopes and wishes for the 2010 New Year.*



April Curtis  
WIA job developer  
"I resolve to be happier and healthier in the new year."



Basil Pollock  
property specialist  
"I resolve to perform better on the job."



Charlene Wise  
Clinton child care supervisor  
"I resolve to fulfill more goals for the child care center and I wish for more parent involvement in 2010."



Christine Morton  
procurement specialist  
"I resolve to be a better person personally and spiritually."



David Ramos  
medical records lead-Watonga Indian Clinic  
"I wish for peace among tribal members in 2010."



Deborah WeaselBear  
housing authority occupancy specialist  
"I resolve to assist more of our Native American people and I wish to see more unity among the tribes and hope we learn to work together as one in 2010."

## Happy New Year's

## 2010 New Year's Resolutions and Wishes



Denise Swank  
C1 legislative assistant  
"I resolve to keep smiling and doing what I am doing."



Emerson Ellis  
Independent Living Center facility supervisor  
"I resolve to be a better worker, to do a better job and to become friendlier."



Francine Worthington  
EOTS director  
"I resolve to lose 20 pounds by August 2010 by eating healthier."



Gary Doyah  
Calumet Grocery  
"I would like to get married in 2010 by the time I turn 40."



Jada Flores  
housing authority secretary  
"I would like to see people give more in 2010."



Jennifer Tisdale  
WIA youth council/administrative assistant  
"I resolve to live, prosper and be financially stable."



Johnnie Perkins  
operations and maintenance  
"I resolve to keep it gangster in 2010."



Justin Risenhoover  
security  
"I resolve to shut Custer's down."



Lavonne Oldman  
Feather Warrior-Watonga payroll administrative assistant  
"I wish for good health and prosperity for all tribal members."



Michelle Bigfoot  
housing authority collection counselor  
"I would like to see the University of Oklahoma (OU) win one national championship in 2010."



Melissa Buffalomeat  
procurement clerk  
"I resolve to be a better person."



Michelle Johnson  
roads program project coordinator  
"I resolve to lose weight and not to worry about the small stuff in 2010."



Misha YellowEagle  
Clinton elder care staff assistant  
"I resolve to see more of my family in 2010."



Paula Laster  
roads program account manager  
"I resolve to lose weight and be stress free in 2010."



Ramona Franklin  
Independent Living Center receptionist  
"I resolve to lose weight, smoke less and do more for my family and friends."



Robyn Russell  
Feather Warrior Casino-Watonga technician supervisor  
"I wish for a new building, a real one, no more trailers and a new parking lot."



Ruth Bearshield  
housing authority resident services  
"I resolve to become more assertive and I wish for everybody to learn to acknowledge each other in 2010."



Samye Guzman  
Clinton child care teacher  
"I resolve to become more disciplined in my Christian faith and be a better friend and employee."



Scottie Sankey  
food distribution clerk  
"I am hoping for a better year in 2010."



Sharon Antelope  
I.L.C. office aid  
"I wish for more harmony and goodwill among our tribal members in 2010."



Virginia Reyes  
Encumbrance clerk  
"I resolve to be a better people person."



# Happy Birthday



Happy Belated 1st Birthday  
Abbigayle B.  
Dec. 2  
We love you so much and are blessed to have you in our family. Love mommy, Novi, Avril, and the Curtis family

Happy Belated Birthday to my brother Jack Edwards  
Dec. 27  
Love your sister, Teresa



Congratulations to our grandson graduate Lance Rivas! Bachelor of Arts Film Degree Full Sail University, Winter Park, Fla. Grandpa and I are very proud of you Lance and your accomplishments. We love you with all of our hearts and will always keep you in our prayers. With all our love forever grandpa Vernon and grandma Rhoda Bullcoming To cousin Lance Rivas congratulations cuz on your Bachelor of Arts Film Degree Words to the wise if you cannot make a man think then you haven't said anything at all. Through the beauty of your pictures, videos and most of all through you as a person you will always have a story to tell to all and men will think because of you. With our love from your California family Kenneth and Marie "rie" Washington Tanisha "T," Kenethia "Pea," Tiaira "T" and Donato "Nato"



MAY ALL OF YOU HAVE A SAFE AND PROSPEROUS NEW YEAR



Jean & Bubba & baby Merlin a Merry Christmas & Happy New Year, also baby Merlin will celebrate his birthday Dec. 27. Love your dad Alan Fletcher,



Happy Birthday grandpa John Jan. 3  
Have a great day and we all love you for all the things you do for us. Love, Karisten, Karissa, Chris and baby Ryleigh, Mae, Ciela and Gianna



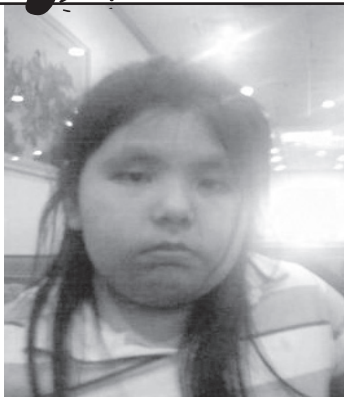
Happy 7<sup>th</sup> Birthday to my son Kendrick Lee Humphreys Jan. 12  
I love you, you are very special to me!  
Love, mom

A belated Christmas greeting to all tribal members from the C-1 office, especially a happy new year, we wish all of you a safe and prosperous new year and that all your goals and endeavors are reached.

THOMAS INDIAN SERVICE CLUB Princess Brittany Taylor "Good Standing"  
Have a Blessed Christmas. A very Happy New Year to all. Keeping our Armed Forces men, women and veterans in our prayers. Jesus is the Reason for the Season Thomas Service Club



Leandra Kaye Bearshield Aug. 31, 1968-Dec. 27, 2008  
Leandra Kaye Bearshield how we miss you so, you're our angel that keeps us safe from the harm that comes from below. You're the twinkle in our eyes, our best mother, sister and friend that we know. Your memory will carry on and your presences can still show. We will always remember you may darling dear, you are our sweet angel and we know you will always be near. We miss and love you our beloved blue fox. Rest in peace Blue, we will never forget you. Love snake and family



Just wanted to wish my children Jean & Bubba & baby Merlin a Merry Christmas & Happy New Year, also baby Merlin will celebrate his birthday Dec. 27. Love your dad Alan Fletcher,



Happy 8<sup>th</sup> birthday Jacob Alan Wolf tongue in Clovis, N.M. With love from your family, dad, sisters Jasmine and Ashlee, aunties, Alana, Lee Chelsey and Hillary, uncles, Joey, Tim, Mema Sheri, auntie Lenora, uncle Joe and papa Alan. Also all your cousins Dustin, Lakota, Skyla, Tye and Jada

Happy Holidays to the Richard and Goodbear families. I love and miss you all lots. Love, Henry Richard (Goodbear)

Happy Birthday on New Year's day to my baby sister, Robyn Goodbear. I love you lots, your brother Henry Richard (Goodbear)

Happy Birthday Gabby Jan. 9  
I love you lots and lots from your fater Henry Richard (Goodbear)

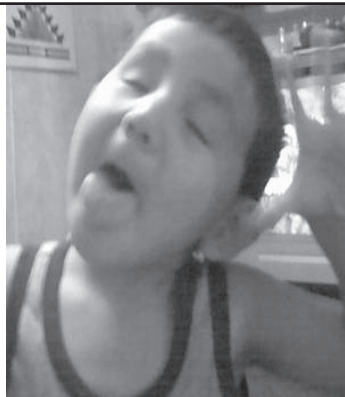
Happy Holidays to my brother, cousin and homies at the "hut", smuggs, wardog, one-8 and seamsta. Love, Henry Richard (Goodbear)

Happy Holidays to Robin Pedro and family. Much love and respect, Henry Richard (Goodbear)



In Memory of Thomas Lewis Kaulaity May 16, 1959 – Dec. 27, 2007

Brother, although I must not cry for you with tears, I am so happy we had all those years. I gave you all my love, you can only guess how much you gave me in happiness. I thank you for the love you sowed to me, but now Thomas it's time I traveled on alone. I love and miss you. Your sister, Arlene Kaulaity



Happy Birthday Luke Rice Jan. 10.  
We love you and we miss you. You are in our hearts and prayers. Love, your family, mom, Teresa, Kassidi, Kendrick, Lori, Jarrett, Jack, Britny, McKayla, Jacobe, Erin, Hoyt, Eric, Eliyah, Evyn, Erica, Travis and Trey



Happy 12<sup>th</sup> birthday Karissen Michelle Whiteshirt Jan. 8  
Enjoy your day today. Love your mema, mom, sister, bubba, uncle Elrond and family



Happy Belated 2nd Birthday Lanyia Marie Yarbrough Dec. 20  
We love you little munchkin Love, aunt Jenni and Carla, Aubri, Sugabear, Kami, and Jalen. Grandma Ribs, papa Carl, Norma Yarbrough and family

Thank You The NAC Women's Auxiliary would like to thank EVERY ONE for their support during the Christmas bazaar. We raised a total of \$507 dollars to benefit the Native American Church. A Special Thank You to C-1's Bruce Whiteman Jr. and Lyndsey McHenry for their help.

Thank you We, at the Independent Living Center, would like to thank the Tribal Health Board and the R.e.S.P.E.C.T. program for providing the funding for the A.E.D. that was placed in our building. Having this A.E.D. on site assures us that we will be able to render aid if someone should need it.

Thank You I just wanted to send a note and publicly thank the staff of the Indian Child Welfare Department (ICW) for allowing my girls Amber and Ashley Wolfchief-Hartwell to once again be a part of your lives. Our families lives have been forever changed since our trip there in June. The opportunity for the girls to meet their relatives and to help other families has made them that much more committed to helping Native Americans. You can see the pride in them when people talk about what they are doing and they do it with genuine and



Happy 2nd Birthday Baby J. Dec. 17 (Jeremiah Lindsay Lei Harris) Love mommy, daddy and baby brother Jory You mean everything to us!



Happy 7<sup>th</sup> Birthday Karrisae Mae Whiteshirt Jan. 31  
Hope you have a good day. Love your mema, mom, sister, bubba, uncle Elrond and family



Happy Birthday Robuck Jan. 9

Happy 1<sup>st</sup> Birthday Janice Rose SpottedCorn Jan. 1  
Love your mom Gloria, dad Jose, brothers Jarvis and Antonio and papa Goosby and the rest of your Oklahoma City family.

Happy Birthday to my grandma, Jerri WhiteBuffalo. Also to everyone in the WhiteBuffalo, Meely and Fletcher families that have birthdays in the month of December, Happy Birthday. Grandma, I am truly sorry for the pain and hurt as well as the disrespect I have ever caused you. I want you to know I've been trying to change. I know I should've changed a long time ago then I wouldn't be in here again. Please grandma forgive me, I apologize from the bottom of my heart. Know that I think about you often and you are always in my heart.

We would also like to thank Richard Miller from the Cheyenne-Arapaho EMS Program for the AED/CPR training that he provided for us and for the informative hands on session he provided on how to operate the AED. Again, we would like to thank the above mentioned programs for providing the AED for our facility.



Happy Birthday Carmen Selene Sankey-13 years old Jan. 11  
Look out another C & A teen from your Family

Happy 10th Birthday! Addie Mae Haag Love, dad, mom Mary, Kayla, Alex, Zack, Bert, and Kitty

To my beautiful babies, Shayla and Jonathon Sage (tadpole and adeas) My thoughts and prayers go out to you everyday. I love and miss you guys with all my heart. I hope you had a wonderful Christmas and a blessed New Year. Be good and take care of each other. Always keep God in your heart. God bless you all and everyone at home. Love you mom, Mel



We would like to welcome Clara Edith Faye to the world. She was born Nov. 24, 2009. Congratulations to the new momma Elise Faye Rice, The grandparents Fanneta White and Roger Rice and uncles Zac, Steven Rice, and Frank. We wish you well and Happy Holidays. From Jacob, Jonah, Marley, Illianna, Basil and Georgia.

To my handsome southern man, T. Sun I wanted to let you know that I am thinking of you. I love and I miss you very much. Even though we can't be together this Christmas, just know you are right here in my heart. Keep your head up and stay strong and always keep God in your heart. Don't forget He is the real reason for Christmas. Love you babe and God Bless, Mel

From Kirk D. Hartwell

are not. It is not the quantity of Indian blood that runs through your veins that is important but the quality of it ... your pride in being Indian. I have seen full-bloods who care very little for their people and their ancestors, yet I have seen people with as little as 1/50 blood quantum who inspire nations. They are truly proud of their people and ancestors. Embrace these brothers and sisters who care so much. They are our life and future." I know that my father was very proud of what these two girls have done out of love for their people. I know I am.

# Employment Opportunities

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver’s license, and CDIB to: Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: [awhite@c-a-tribes.org](mailto:awhite@c-a-tribes.org)

**Compliance Officer**

**QUALIFICATIONS:**  
High school diploma or equivalent required. Regulatory, law enforcement or equivalent experience is desirable. U.S. citizenship. Be a minimum of 21 years of age. Possess and maintain a valid driver’s license. Complete a background investigation. Not use or possess illegal narcotics or controlled substances. Successfully complete the commission’s training program. Adhere to the commission policy prohibiting an employee from gambling or playing any licensed game or gaming device within the Cheyenne Arapaho tribal lands. Strong work ethic; available to work evenings and weekends. Preference is given in the following order, enrolled member of the Cheyenne and Arapaho tribes, enrolled member of another tribe and non-Native American.  
**SALARY:** Negotiable

**Laborer-Fence Crew (2) Temp Positions**

**QUALIFICATIONS:**  
Dependable and physically fit, able to lift a minimum of 75lbs. or more. Knowledgeable in operating farm equipment and willing to work until daily tasks are completed. Must be able to work on a on-call basis. High school diploma, or GED certified required. Must have an Oklahoma driver’s license. Must complete pre-hire drug screening.  
**SALARY:** Negotiable

**U.S. CENSUS NEEDS PEOPLE TO FILL JOBS**  
The U S Census Bureau will hire thousands of people throughout the Kansas City Region for the six states of Minnesota, Iowa, Kansas, Missouri, Oklahoma and Arkansas between now and spring 2010.  
Pay ranges from \$11.50 to \$20.00 per hour plus mileage for the field positions of recruiting assistants, crew leaders, crew leader assistants and census takers. Pay for Census Clerks range from \$7.50 to \$12.75 per hour depending on location. Opportunities for advancement.  
**If interested call the U. S. Census Bureau at (866) 861-2010.**

**TRIBAL TRIBUNE DEADLINES**  
**At 5 p.m.**  
**on the 8th and 23rd**  
**of each month**



**Congratulations**

continuing to work at the Lucky Star Casino in Concho within the accounting department and I would like to further my education to become eligible to sit for the certified public accounting exam,” Levi said.

Levi has four children, Gavin Levi, Steven Melendez, Tawny Melendez and Jacob McQuown. She has one granddaughter, Heaven Marie Michelle Levi.

Levi’s parents are Jerry Levi of El Reno, Okla. and Margaret Levi of Oklahoma City.

“My family has been the driving factor I needed to accomplish this overwhelming task of obtaining a degree. I would also like to send many special thanks for those that supported me while I continued my education, especially my co-workers, Jamay Smith, Jackie Harman, Lela Pappan, and Jon Robinson, plus the countless others at Lucky Star Casino in Concho. They were all very instrumental in helping to keep my spirits up and giving me the motivation I needed to succeed,” Levi said.

Congratulations Paula, I’m glad to see your hard work, dedication and sacrifice pay off. We wish you well and thank you for bringing what you learned to the Lucky Star Casino and the Cheyenne and Arapaho Tribes.

Kris LittleRaven, Lucky Star Casino general manager

**Legislative Clerk**

**QUALIFICATIONS:**  
Applicant must be able to maintain organization in the workplace. Word processing, filing experience and general clerical experience preferred. Must have own transportation and valid driver’s license required. Applicant must have strong interpersonal skills and the ability and willingness to function as a member of a team on the legislative staff. Knowledge of the Cheyenne and Arapaho tribes’ history, culture and government. Native American preference given.  
**SALARY:** Negotiable

**Receptionist/File Clerk Part-Time**

**QUALIFICATIONS:**  
Must have a high school diploma or GED certified. Must have maintained at least one year of sobriety. Must have a telephone, a driver’s license and reliable transportation. Must be able to work flexible hours including holidays. Must be able to pass a physical exam with TB test. Cheyenne and Arapaho or Native American tribal member preference given. Twenty hour work week, 9 a.m. to 1 p.m.  
**SALARY:** Negotiable

**A.A Meetings-7 p.m.-Wednesdays**  
**N.A. Meetings -7 p.m. Thursdays**  
  
George Hawkins Memorial Treatment Center  
East of Clinton on Airport Road  
  
For more information (580) 331-2370

**Congratulations Schimmel twins**



**Joshua Schimmels**



**Mitchell Schimmels**

PV2 Joshua Schimmel successfully completed Army basic training and was honored during a graduation ceremony on May 28, 2009 at Fort Sill in Lawton, Okla.

Joshua served as platoon leader and earned the distinction of being named as an honor graduate.

Joshua’s twin brother, Airman First Class Mitchell Schimmels, successfully completed Air Force basic training and was honored during a graduation ceremony on July 2, 2009 at Lackland Air Force Base in San Antonio, Texas.

During training Mitchell served as an element leader and earned the distinction of being named as an honor graduate.

The Schimmel twins are the sons of Cheyenne and Arapaho tribal member, Tiffany Coleman. They are the grandsons of B.G. Tall Bear and great-grandsons of the late Christina Tall Bear.

Joshua is currently stationed with the 17<sup>th</sup> field artillery regiment at Fort Sill. He is a cannon crew-member and is actively training and preparing for possible deployment to Afghanistan.

Mitchell is currently assigned to the 437<sup>th</sup> Airlift Wing at Charleston Air Force Base in Charleston, S.C. He is in training to become a C-17 crew chief.

Congratulations to both boys and your family is proud of you both.

**Native American elder addresses sweat lodge deaths**

By Michael Leader  
(Submitted article)

Recently a man named James Arthur Roy rented a resort, Angel Valley Retreat Center near Sedona, Ariz. for the purpose of conducting a sweat. (This man was a non-Native American.) Participants paid almost \$10,000 each for this five-day event. This event immediately turned deadly because people died. As to the last count, three people had lost their lives during this event.

In our traditional Native American sweat lodges there are no games, money, or wealth building. Our sweat lodges are for spiritual purposes and purification purposes.

Inside our sweat lodges of today we discuss life and healing with our Creator. We have from (all Nations) a language to pray and sing to our wonderful Creator.

Our ancestors from all our different Nations were suffering from difficult times and inside the lodge we find the future for ourselves. We know more difficult times will come.

Our Creator authorizes our connection for us when we sit on Mother Earth. The way we have our connection is to stay humble and sincere with our “stone people” (grandfathers) for our personal healing.

Our gift is called prayer and if we can truly be humble with one another and Mother Earth, then as we pour water on the “stone people” our prayers go up to our Creator.

We are thankful for our ancestors’ teachings and it is up to us today to keep our Native American cultures and traditions from being exploited by individuals who are not Native American and are only interested in money.

The sad part about the deaths in Sedona, Ariz. is the people who survived this ordeal will go home with isolated spirits.

Our spiritual journeys and healing is accomplished by being humble and knowing that our “grandfathers” are the only ones that defines our lives.

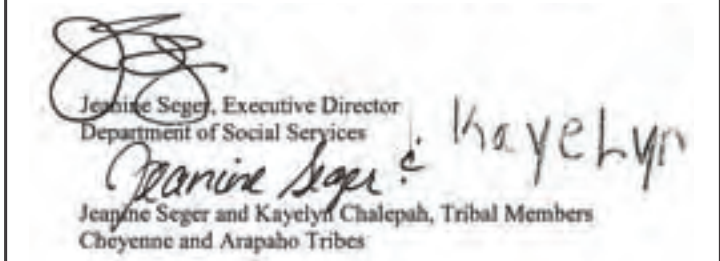
I wish you all my brothers and sisters good health in this coming year.

Ah Ho  
Michael Leader

**TRANSISTIONS**  
**In any culture in the world, one community is change ...**  
**To Clifton Ellis and Michael Kodaseet:** It has been a gratifying experience for me to work with you. Helping you learn your job created a mutual learning opportunity for me and to supervise you both at one time or another, I had to be on top of ‘my game.’ I really appreciate you for this and it is with confidence that I can say that you do have the best interest of others in mind. I wish you perseverance, patience, solid analytical skills and ethical judgment as you begin this new phase in your careers.

**To Gov. Darrell Flyingman:** Foremost, it has been an honor to be given the opportunity to serve my fellow tribal members. Your selection and confidence in my skills has afforded me the universal dream of many Indians to ‘come home’ and work. Truly, it has been a mark of distinction to serve on your cabinet. Though, your tenure as governor may conjure many reactions by many people; one thing that no one can ignore or detract from is the fact that you were the FIRST governor of the Cheyenne and Arapaho tribes elected by your fellow tribal members.

Finally, as tribal members, my family of two would like to extend our appreciation for your public servitude, well wishes for the future with hope and prayer on this next step in your evolution and a sincere THANK YOU.



**FOR OL’ TIMES SAKE: GO COWBOYS!! ©**

**New**  
*Continued from page 1*

istration executive director is former Cheyenne District 4 legislator Ida Hoffman. Both Wilson and Hoffman spoke to tribal employees during the meet and greet session as well.

Boswell said beginning Jan. 4, 2010 they will start an audit of all the tribal programs and will present the information found to the people. She also spoke of the budget and the tribes’ constitution.

“We wanted a change in our government,” Boswell said. “I know there’s a lot of amendments that need to be made ... that will better our tribe and move our tribe forward.”

Keep up with what’s going on in the Department of Education on

**FACEBOOK!!**

Information regarding:

- Scholarships / Grants
- Internships
- Announcements
- Services provided by the Department of Education programs

Contact Jerrolyn Doyebi or Marshall Medicine Bear for more information at:

- [heducation@c-a-tribes.org](mailto:heducation@c-a-tribes.org)
- [mmedicinebear@c-a-tribes.org](mailto:mmedicinebear@c-a-tribes.org)
- (405) 422-7653

IN THE TRIAL COURT  
CHEYENNE AND ARAPAHO TRIBES  
POST OFFICE BOX 102  
CONCHO, OKLAHOMA 73022

NOV 17 2009

JUDGE: \_\_\_\_\_  
FILED: \_\_\_\_\_  
CLERK: \_\_\_\_\_

Case No: EG-2008-0038

In The Matter Of The Guardianship Of:  
T.C.B.  
DOB: 04-27-96  
ROLL #12509  
A Minor Child

**NOTICE BY PUBLICATION**

The Cheyenne and Arapaho Tribes to: **MACKENZIE SIOUX**

You are hereby notified that on August 10, 2009 James McElfresh & Jennifer McElfresh have filed in this Court a Petition For Appointment Of Co-Guardians of the person and/or estate of above-named minor child. On August 21, 2009 an Order Of Temporary Co-Guardianship was entered and further ordered that MacKenzie Sioux, mother to pay child support in the amount of \$207.00 per month to the Co-Guardians, Jennifer & James McElfresh, beginning October 1, 2009. Permanent Hearing will be held in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 21st day of JANUARY, 2010, at 9:00 a.m., at which time you may appear and show cause, if any you have, why said Petition should not be granted.

Dated this 17th day of November, 2009.

  
Lela Marquez, Deputy Court Clerk  
Cheyenne and Arapaho Trial Court

Petitioners:  
Mr. & Mrs. James McElfresh  
P.O. Box 242  
Geary, OK 73040

CHEYENNE-ARAPAHO TRIBES  
OF OKLAHOMA  
FILED

DEC 21 2009

IN THE TRIAL  
CHEYENNE & ARAPAHO TRIBES  
700 BLACK KETTLE BOULEVARD  
P.O. BOX 102, CONCHO, OKLAHOMA 73022  
JUVENILE DIVISION

JUDGE: \_\_\_\_\_  
FILED: \_\_\_\_\_  
CLERK: \_\_\_\_\_

The Cheyenne & Arapaho Tribes:  
In The Matter Of: S.E.B., DOB: 3-21-42, S.B.B., DOB: 10-11-49, S.B.B., DOB: 10-20-44, S.B.B., DOB: 02-14-96, minor children, and concerning: Sharon New Breast, Mother.

CASE NO: JFJ-2008-0005, JFJ-2008-0005A, JFJ-2008-0005B, JFJ-2008-0005C  
NOTICE OF DISPOSITIONAL HEARING

TO: Sharon New Breast

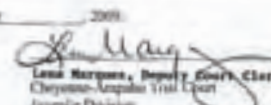
YOU ARE HEREBY NOTIFIED that an Order of Adjudication has been filed in this Court in the above styled and numbered case stating that you are the natural mother of the above-named child.

YOU ARE HEREBY NOTIFIED that this case is set for DISPOSITIONAL HEARING by the Court on the 4<sup>th</sup> day of February, 2010, at 9:00 a.m., in the Courtroom of the Juvenile Division of the Cheyenne-Arapaho Trial Court in Concho, Oklahoma.

YOU ARE FURTHER NOTIFIED that the purpose of the hearing is for the Court to determine findings of fact in this case.

YOU ARE THEREFORE NOTIFIED THAT THE COURT WILL CONDUCT THE DISPOSITIONAL HEARING TO DETERMINE THE FINDINGS OF FACT IN THIS CASE AT THE TIME AND PLACE ABOVE SHOWN WHERE YOU HAVE THE RIGHT TO BE PRESENT, TO BE REPRESENTED BY COUNSEL, AND HAVE AN OPPORTUNITY TO BE HEARD AT SAID TIME AND PLACE INCLUDING THE RIGHT TO OBJECT AND TO PRESENT A DEFENSE TO THE ALLEGATIONS, IF YOU FAIL TO APPEAR, THE HEARING WILL PROCEED ON THE ABOVE DATE AND TIME OR ON SUBSEQUENT DATES WITHOUT FURTHER NOTICE TO YOU. THE ALLEGATIONS IN ANY MOTIONS MAY BE TAKEN AS TRUE. THE CHILD'S LEGAL STATUS MAY BE DETERMINED. THE CHILD MAY BE MADE A WARD OF THE COURT, CUSTODY OF THE CHILD MAY BE PLACED WITH A THIRD PARTY, AND YOUR PARENTAL RIGHTS MAY BE TERMINATED IN REGARDS TO THE ABOVE-NAMED CHILD.

Dated this 21 day of December, 2009.

  
Lela Marquez, Deputy Court Clerk  
Cheyenne-Arapaho Trial Court  
Juvenile Division

CHEYENNE-ARAPAHO TRIBES  
OF OKLAHOMA  
FILED

DEC 21 2009

IN THE TRIAL  
CHEYENNE & ARAPAHO TRIBES  
700 BLACK KETTLE BOULEVARD  
P.O. BOX 102, CONCHO, OKLAHOMA 73022  
JUVENILE DIVISION

JUDGE: \_\_\_\_\_  
FILED: \_\_\_\_\_  
CLERK: \_\_\_\_\_

The Cheyenne & Arapaho Tribes:  
In The Matter Of: M.P., DOB: 08/31/94, minor child, and concerning: Alvin Pollock, Sr., Father.

CASE NO: JFJ-2008-0007A  
NOTICE OF DISPOSITIONAL HEARING

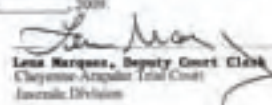
TO: Alvin Pollock, Sr.

YOU ARE HEREBY NOTIFIED that this case is set for DISPOSITIONAL HEARING by the Court on the 4<sup>th</sup> day of February, 2010, at 9:00 a.m., in the Courtroom of the Juvenile Division of the Cheyenne-Arapaho Trial Court in Concho, Oklahoma.

YOU ARE FURTHER NOTIFIED that the purpose of the hearing is for the Court to determine findings of fact in this case.

YOU ARE THEREFORE NOTIFIED THAT THE COURT WILL CONDUCT THE DISPOSITIONAL HEARING TO DETERMINE THE FINDINGS OF FACT IN THIS CASE AT THE TIME AND PLACE ABOVE SHOWN WHERE YOU HAVE THE RIGHT TO BE PRESENT, TO BE REPRESENTED BY COUNSEL, AND HAVE AN OPPORTUNITY TO BE HEARD AT SAID TIME AND PLACE INCLUDING THE RIGHT TO OBJECT AND TO PRESENT A DEFENSE TO THE ALLEGATIONS, IF YOU FAIL TO APPEAR, THE HEARING WILL PROCEED ON THE ABOVE DATE AND TIME OR ON SUBSEQUENT DATES WITHOUT FURTHER NOTICE TO YOU. THE ALLEGATIONS IN ANY MOTIONS MAY BE TAKEN AS TRUE. THE CHILD'S LEGAL STATUS MAY BE DETERMINED. THE CHILD MAY BE MADE A WARD OF THE COURT, CUSTODY OF THE CHILD MAY BE PLACED WITH A THIRD PARTY, AND YOUR PARENTAL RIGHTS MAY BE TERMINATED IN REGARDS TO THE ABOVE-NAMED CHILD.

Dated this 21 day of December, 2009.

  
Lela Marquez, Deputy Court Clerk  
Cheyenne-Arapaho Trial Court  
Juvenile Division

# Taking the Oath of Office

Jan. 2, 2010

Photos by Rosemary Stephens



Janice Prairie-Chief Boswell, governor



Leslie Wandrie-Harjo, lieutenant governor



Clifton Ellis, Cheyenne District 2 legislator



Fiona Whiteskunk, Cheyenne District 4 legislator



Jane Nightwalker, Arapaho District 1 legislator



Michael Kodaseet, Arapaho District 2 legislator

## Living Legends



Kathryn Hoffman

The Cheyenne and Arapaho Tribal Tribune Living Legends series showcases Cheyenne and Arapaho tribal elders.

With each story we're helping current and future generations learn from tribal elders as well as share in their life experiences and treasured moments. The stories in this series are personal, intimate and irreplaceable.

We hope everyone will enjoy, learn and become inspired by the words and lessons of their elders in our Living Legends series. We also hope the elders, no matter where they are located, will continue to share the lessons, laughter and love they have experienced so far.

If you are an elder and are willing to share your history or if you would like to nominate an elder, please contact me at (800) 247-4612 x27608 or email [dattocknie@c-a-tribes.org](mailto:dattocknie@c-a-tribes.org).

Respectfully, Dana Attocknie



Mary Belle Lonebear



Samuel Hart



Doty Lumpmouth

# smile

LUVBUG IS BACK!  
VOLKSWAGEN  
BEETLE GIVEAWAY  
FEBRUARY 14th  
GET YOUR REWARDS CARD  
TODAY • PLAY • WIN BIG!



**Lucky Star**  
**CASINO**  
An Enterprise of the Cheyenne and Arapaho Tribes  
**CONCHO CLINTON**

**FOR MORE INFORMATION VISIT  
LUCKYSTARCASINO.ORG**

Management reserves the rights to change or modify this event without prior notice. Must be 18 or older. Lucky Star Casino is not responsible for typographical errors. Responsible Gaming Is Our Game. For help, please call the Problem Gambling Helpline 1-800-522-4700 © 2009 Lucky Star Casino